

## ***Advanced Nutritional Program Informed Consent***

*For Nutritional Consultation Catalina Martone*

*I acknowledge that Catalina Martone is NOT a medical doctor. I understand that Catalina Martone is only providing nutritional and other health related information to help me attain and maintain my best health possible. Catalina Matone will help me assess which nutrients my body needs bolstered. All recommendations are designed to help me move towards my best state of health through personalized recommendations in lifestyle, nutrition, exercise and health habits. I understand that Catalina Martone is NOT a medical doctor, and she does NOT diagnose or treat any specific disease or claim to cure cancer or any other disease.*

### ***Protocol***

*The initial visit can be up to 90 minutes, which includes a review of current concerns and a comprehensive nutritional program. Advanced Kinesiological testing will be performed to determine specific body needs. Follow up appointments are typically recommended within 3-4 weeks. Follow up appointments average 60 minutes or less, depending on the extent of each client's needs, concerns and questions. We do our best to run on schedule and ask you to have the same courtesy. If you do not want a session to run past a certain length, please inform your practitioner beforehand. We have a 24 hour cancellation policy, so please notify us within that time frame, if for any reason you will not be able to make your appointment.*

*Follow up questions may arise after your consultation, the best thing to do is call us directly at 323-359-1905 or email: [cat@dedicatedwellness.com](mailto:cat@dedicatedwellness.com).*

