

Take Control of Your Health!

Learn the foundational principles you NEED to know to achieve great health and stay well for life!

1st of the QRA Prep Classes: Foundations to Excellent, Lifelong Health

Offered by Thrive Nutrition and Wellness, Santa Monica, CA

Saturday, September 18th • 9:30 AM - 5 PM

- What does it take to be healthy? • What role does nutrition play?
- What is actually healthy to eat and how to make best food choices?
 - What are the main causes of disease?
- Understand the critical role minerals play in health of the body.
 - Understand pH -The Acid/Alkaline Balance.
- What are “Interference Fields” & could they be the driver behind mysterious health problems?
- Learn about a very powerful healing system that can identify the root cause of your health problem – QRA: Quantum Reflex Analysis.

The Results:

“Through this methodology and understanding the principles of health being taught in this 6 part Foundation to Health series, I healed myself of severe chronic fatigue after over 15 years of searching for answers. We have had success with many chronic conditions. Come learn how this can apply to you. Learn how to take control of your own health and your family’s health for life. Feel confident in the understanding that you will now know the main causes of ill health and how to prevent it or how to recover. The goal of these classes is to empower the average person with the knowledge they need to be well in today’s complex and toxic world.” Mary Kay Finn QRA Practitioner and Nutritional Consultant. Owner, Thrive Nutrition and Wellness, Santa Monica, CA

Where: Napa Center - Near LAX right off of the 405 FWY & Century Blvd.
5220 West 104th Street, Los Angeles, CA 90045 Contact Phone: 310 259-6416
Date: Saturday, September 18th, 2010
Time: 9:30 AM-5PM
Cost: \$75.00

For information or to register contact: Mary Kay Finn 310 399-2329.

Registration Form:

Name: _____

Address: _____

City / Zip Code: _____

Phone Number: _____

Email Address: _____

Referred by: (How you heard about the seminar) _____

Form of payment: Visa Master Card Discover Check

Credit Card # _____ Exp. Date: _____

Security Code: _____ (3 digit code-back of card) Billing Zip Code _____

Signature: _____

Space is limited – To guarantee your spot – get your reservations in early before the seminar is sold out!

To pay by check:

Make payable to Mary Kay Finn to and mail to:
802 Ozone St. Santa Monica, CA 90405

To pay by credit card:

Mail completed form to above address or email to: marykfinn@aol.com
or call to register by phone: 310 399-2329.

Parking is available in the Napa Center parking lot for 1st 15 arrivals and plenty of parking is available on side streets.

We highly recommend bringing a lunch as healthy food options are limited in the area. There is a kitchen and refrigerator on site.