

What is a QRA Nutritional Assessment & Exam?

A thorough review and assessment of your nutritional concerns, plus testing of your body for nutritional deficiencies, environmental toxicity and other stressors, using an advanced, highly accurate, comprehensive testing modality called QRA:

QRA is the brainchild of Dr. Robert Marshall and a highly effective healing system and testing modality. QRA stands for: Quantum Reflex Analysis, which is a form of Applied Kinesiology, based on the Omura O-Ring Test, which has 23 university studies verifying it's accuracy, combined with the Chinese Meridian and acupuncture point systems. We can use this system to perform comprehensive testing of the body's organ and glands to identify the root drivers of health problems and what will resolve the issues we find.

QRA testing is highly effective for identifying the root drivers of chronic health problems.

These are the main driver's of most health problems. Using QRA testing, we can identify which of these are affecting you, in which organ or gland and what is the body's order of priority for addressing these underlying issues.

Once you eliminate these factors, the body can recover, heal itself and get well. It takes time, commitment and transformation on a fundamental level, but wellness IS possible.

These are the main factors behind chronic health conditions:

1. Acidic Body Tissues & pH: Caused by lack of proper nutrition, low tissue oxygen, and poor mineralization. Processed foods, deficient soil, too many acidic foods, sugar, caffeine and alcohol, stressors, and EMF's, all make the body acidic. All kinds of health issues arise when the body is acidic. While eating a whole foods, organic diet is great, it is not enough. We need to remineralize the body, eliminate causes of acidity and alkalinize the system.
2. Poor Body Ecology: Lack of good bacteria in the body prevents the absorption of nutrients, assimilation and digestion of food and inhibits overall immune function.
3. Infection: Bacterial, viral or parasitic.
4. Environmental Toxicity: Exposure to heavy metals, chemical insult, pesticides, drug residues, organophosphates, xeno-estrogens, artificial sweeteners, etc.

5. EMF exposure and pollution: Cell phones, WIFI, microwaves, electrical wiring, computers, etc.
6. Interference Fields: Caused by surgeries, scars, blows or traumas to the body which diminish the function of nearby organs and glands: preventing nutrients from being absorbed in that organ and gland, and over time leads to health problems in that area.
7. Dental Related Issues: Toxic Dental Materials in mouth and hidden dental infections.
8. Emotional Issues and Subconscious Beliefs: If a person holds the subconscious belief: "I cannot be healthy," then no amount of treatment, herb or detox program will help permanently. Often we see long-standing issues such as unforgiveness or resentment accompanying chronic illness, and these need to be addressed and healed for the person to get well.
9. Spiritual Issues: Are you happy? Is there joy and meaning in your life? Love and Intimacy? Worry and fear destroy the life impulse. Our life force wanes, and we shut our organs down. We create stress hormones. When the stressors are removed, the body can come alive again. A joyful body cannot fail to thrive.
10. Blocked & Congested Drainage Pathways: Cleanse & Detoxify Colon, Liver, Kidneys. And renew the body at a cellular level.